

## First Year BAMS Degree Examinations, September 2015

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(2012 Scheme)

Time: 3 Hours

Total marks:100

• Answer All Questions

## Essays:

(2x10=20)

1. Explain the relation between kala(काल) and dosha(दोष). Greeshma ritu charya(ग्रीष्म ऋतु चर्य) as example in particular to swarupa(स्वरूप), deha(देह), ahara(आहार) and vihara(विहार)  
(4+3+1+1+1)
2. Explain vatadosha vishama laxana(वात दोष विषम लक्षण) and explain vatopakrama chikitsa (वातोपक्रम चिकित्स)  
(4+6)

## Short Notes:

(10x5=50)

3. Briefly explain tantra guna(तन्त्र गुण)
4. murdha taila
5. Importance and benefits of nasya(नस्य) and explain its types
6. Mention suitable anupana(अनुपान) for food and its benefits . Who are exempted from taking anupana(अनुपान)
7. Explain 'रोगाः सर्वेपि जायन्ते वेगोदीरण धारणैः' and explain dharaneeya vega(धरणीय वेग)
8. Trayopastambha(त्रयोपस्तम्भ) and explain nidra(निद्रा) in detail
9. Explain pachaka pitha
10. Briefly explain prakrutha(प्राकृत) and ati sevana(अति सेवन) of madhura rasa karma(मधुर रस कर्म)
11. Explain samyak snigdha(सम्यक् स्निग्ध) and samyak swinna lakhanas(सम्यक् स्विन्न लक्षण) and mention the benefits.
12. Chikitsa padachatushtasyam (चिकित्सा पाद चतुष्टयम्) and enumerate its shodhasha guna(षोडश गुण).

## Answer briefly:

(10x3=30)

13. Briefly explain peyadi krama (पेयादि क्रम).
14. Types of vasti karma(वस्ति कर्म) and its importance .
15. Explain vyayama (व्यायाम) in the interest of dinacharya(दिनचर्य) and its matra (मात्र).
16. Briefly explain role of panchamahabhuta(पञ्चमहाभूत) in rasa-uthpatthi.(रसानामुत्पत्ति).
17. Define apatarpana(अपतर्पण) and mention the eligible person
18. Briefly explain vicitrapratyayarabdha (विचित्रप्रत्ययारब्ध) with examples.
19. Briefly explain dosha prakruti(दोष प्रकृति)
20. Agni karma(अग्नि कर्म), kshara karma(क्षार कर्म) and its importance
21. Ksheera guna
22. Avalmbaka kapha(अवलंबक कफ).

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